**Week 1:**

**Name:**

**Mobile:**

| **Personal Development Workouts** |
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| 1. Prepare a vision board. 2. Prepare and start practicing your affirmations. |
| *Write a short description about this task*  *Link to the image of your vision board* |
| *Write a short description about this task*  *Link to your affirmations* |

| **Technical Workouts** |
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| 1. Learn HTML, CSS by the end of this week. 2. Design any three public websites home page using HTML & CSS with maximum components. (For Eg: Home page of LinkedIn) |
| *Write a short description about this task*  *Link to the tutorials that you have followed* |
| *Write a short description about this task*  *Link to your public websites*  *1.*  *2.*  *3.* |

| **Miscellaneous Workouts** |
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| 1. Practice typing for at least one hour each day on typing club, <http://typingclub.com/> . Finish as many chapters as possible as you can. Don't spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. Topic eg: TCP/IP 3. Prepare and conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Write a short description about this task*  *Link to screenshot image* |
| *Write a short description about this task*  *Link to your seminar video* |
| *Link to the document containing notes for your feedback session* |
| *Write a short description about this task*  *Link to your progress video* |